



Your cafeteria is managed by
Canteen of Central New Mexico
an equal opportunity employer



LUNCH MENU 2020-2021



DATE	Monday	Tuesday	Wednesday	Thursday	Friday
8/3 8/31 9/28 10/26 11/23	PAPA JOHNS PIZZA (1EA) VEG.-BROCCOLI (3/4 CP) FRUIT-MIXED FRUIT (1/2CP) GRAIN-INCLUDED IN ENTREE RANCH DRESSING (1oz) MILK (8OZ-1EA)	FRESH BEEF TACO (2oz) VEG.-PINTO BEANS (3/4 CP) FRUIT-CANTALOUPE (1EA) GRAIN-TORTILLA (1EA) SHREDDED CHEESE (1oz) MILK (8OZ-1EA) 	CORN DOG (1EA) VEG.-MIXED VEGGIES (3/4CP) FRUIT-CINN. APPLE (1/2CP) GRAIN-INCLUDED IN ENTREE KETCHUP, MUSTARD(1oz) MILK (8OZ-1EA)	CHICKEN FRIED STEAK (1EA) VEG.-MASHED POTATOES (3/4 CP) FRUIT-PEACHES (1/2 CP) GRAIN- BISCUIT (1EA) MILK (8OZ-1EA)	CHICKEN FAJITAS (1/4CP) VEG.-CARROTS (3/4 CP) FRUIT-APPLE (1EA) GRAIN-TORTILLA PICANTE (1oz) MILK (8OZ-1EA)
8/10 9/7 10/5 11/2 11/30	CHEESEBURGER (1EA, 1 SLICE CHEESE) VEG.-BAKED BEANS (3/4 CP) FRUIT-MIXED FRUIT (1/2CP) GRAIN-HAMBURGER BUN (1EA) MUSTARD, KETCHUP, PICKLES (1oz) MILK (8OZ-1EA)	SPAGHETTI (3/4 CP) VEG.-BROCCOLI (3/4 CP) FRUIT-FRESH FRUIT (1EA) GRAIN-BREADSTICK MILK (8OZ-1EA)	FETTUCCINI CHICKEN ALFREDO (3/4CP) VEG.-CARROTS (3/4 CP) FRUIT-MANDARIN ORANGES (1/2 CP) GRAIN- BREAD STICK (1EA) MILK (8OZ-1EA)	CHEESE STICKS (2EA) VEG.-MIXED VEGGIES (3/4CP) FRUIT-PEARS (1/2 CP) GRAIN- INCLUDED IN ENTRÉE MARINARA SAUCE (1OZ) MILK (8OZ-1EA)	CHICKEN NUGGETS (5EA) VEG.-POTATO WEDGES (3/4 CP) FRUIT-ORANGE (1EA) GRAIN-ROLL (1EA) KETCHUP (1oz) MILK (8OZ-1EA)
8/17 9/14 10/12 11/9	PAPA JOHNS PIZZA (1EA) VEG.-CARROTS (3/4 CP) FRUIT-PINEAPPLE (1/2 CP) GRAIN-INCLUDED IN ENTREE RANCH (1oz) MILK (8OZ-1EA) 	FRITO PIE (2oz, CHIPS 1oz) VEG.-CORN (3/4 CP) FRUIT-MANDARIN ORANGES (1/2 CP) GRAIN-TORTILLA (1EA) SHREDDED CHEESE (1oz) MILK (8OZ-1EA)	HOT DOG (1EA) VEG.-CELERY (3/4 CP) FRUIT-MIXED FRUIT (1/2CP) GRAIN- BUN (1EA) KETCHUP (1oz) MILK (8OZ-1EA)	BOW TIE LASAGNA (3/4CP) VEG.-BROCCOLI (3/4 CP) FRUIT-APPLESAUCE (1/2CP) GRAIN-GARLIC BREADSTICK (1EA) MILK (8OZ-1EA)	CRISPY CHICKEN SANDWICH (1EA) VEG.-BAKED BEANS (3/4CP) FRUIT-PEACHES (1/2 CP) GRAIN-HAMBURGER BUN (1EA) MILK (8OZ-1EA)
8/24 9/21 10/19 11/16	MAC AND CHEESE (3/4 CP) VEG.-BROCCOLI (3/4 CP) FRUIT-PEACHES (1/2 CP) GRAIN- ROLL (1EA) MILK (8OZ-1EA)	SOFT CHICKEN TACO (2oz) VEG.-PINTO BEANS (3/4 CP) FRUIT-ORANGE (1EA) GRAIN-TORTILLA (1EA) SHREDDED CHEESE (1oz) PICANTE SAUCE (1oz) MILK (8OZ-1EA)	SALISBURY STEAK (1EA) VEG.-WHIP POTATOES (3/4CP) FRUIT-MIXED FRUIT (1/2CP) GRAIN-DINNER ROLL (1EA) BROWN GRAVY (1oz) MILK (8OZ-1EA)	GRILLED CHEESE (1EA) VEG.-CARROTS (3/4 CP) FRUIT-FRESH FRUIT (1EA) GRAIN-INCLUDED IN ENTRÉE MILK (8OZ-1EA)	BEAN BURRITO (1EA) VEG.-GREEN BEANS (3/4CP) FRUIT-MANDARIN ORANGES (1/2 CP) GRAIN-INCLUDED IN ENTREE PICANTE SAUCE (1oz) MILK (8OZ-1EA)

HIGH SCHOOL PORTION SIZE 1 CUP