



GRAB N GO MENU 2019-2020



DATE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8/5 9/16 10/28 12/9	WG CEREAL (1 BOWL EA) STRING CHEESE (1EA) FRUIT JUICE (1EA) MILK (8OZ-1EA)	WG MINI CINNIS (1EA) APPLE (1EA) MILK (8OZ-1EA)	WG EGGO WAFFLES (1EA) FRESH FRUIT (1EA) MILK (8OZ-1EA)	SAUSAGE, CHEESE MINI BAGEL (1EA) ORANGE (1EA) MILK (8OZ-1EA)	WG POP TART (1EA) FRUIT JUICE (1EA) MILK (8OZ-1EA)
8/12 9/23 11/4 12/16	WG MUFFIN (1EA) FRUIT JUICE (1EA) MILK (8OZ-1EA)	WG PANCAKE WRAP (1EA) PEARS (1EA) MILK (8OZ-1EA)	WG HOMEMADE BURRITO (1EA) FRESH FRUIT (1EA) MILK (8OZ-1EA)	WG CEREAL (1EA) ORANGE (1EA) MILK (8OZ-1EA)	WG BOSCO STICK (1EA) FRUIT JUICE (1EA) MILK (8OZ-1EA)
8/19 9/30 11/11 12/23	WG CEREAL (1EA) YOGURT (1EA) FRUIT JUICE (1EA) MILK (8OZ-1EA)	EGG FRITATTA (1EA) PEACHES (1CP) MILK (8OZ-1EA)	WG MINI CINNI (1EA) FRESH FRUIT(1EA) MILK (8OZ-1EA)	GO BIG YOGURT (1EA) NUTRI GRAIN BAR(1EA) FRESH FRUIT(1EA) MILK (8OZ-1EA)	WG BAGEL (1EA) CREAM CHEESE (1EA) FRESH FRUIT(1EA) MILK (8OZ-1EA)
8/26 10/7 11/18 12/30	WG MUFFIN (1EA) FRUIT JUICE(1EA) MILK (8OZ-1EA)	WG FRENCH TOAST (1EA) APPLE (1EA) MILK (8OZ-1EA)	WG BANANA BREAD (1EA) HONEYDEW (1EA) MILK (8OZ-1EA)	WG CEREAL (1EA) FRESH FRUIT(1EA) MILK (8OZ-1EA)	CHERRY FRUDEL (1EA) FRESH FRUIT(1EA) MILK (8OZ-1EA)
9/2 10/14 11/25 1/6	WG CEREAL (1 BOWL EA) STRING CHEESE (1EA) FRUIT JUICE (1EA) MILK (8OZ-1EA)	WG HOMEMADE BURRITO (1EA) APPLE (1EA) MILK (8OZ-1EA)	WG EGGO WAFFLE (1EA) FRESH FRUIT(1EA) MILK (8OZ-1EA)	SAUSAGE (1EA) WG ENGLISH MUFFIN (1EA) PINEAPPLE (1CP) MILK (8OZ-1EA)	WG FRENCH TOAST (1EA) FRUIT JUICE (1EA) MILK (8OZ-1EA)
9/9 10/21 12/2 1/13	WG BAGEL (1EA) CREAM CHEESE (1EA) FRUIT JUICE (1EA) MILK (8OZ-1EA)	WG MINI CINI (1EA) FRESH FRUIT(1EA) MILK (8OZ-1EA)	WG COFFEE CAKE (1EA) FRESH FRUIT (1EA) MILK (8OZ-1EA)	YOGURT (1EA) WG GRAHAM CRACKERS (2EA) ORANGE (1EA) MILK (8OZ-1EA)	WG PANCAKE WRAP (1EA) FRUIT JUICE (1EA) MILK (8OZ-1EA)

