



Your cafeteria is managed by  
Canteen of Central New Mexico  
an equal opportunity employer

# School Lunch Menu 2018-2019

DATE	Monday	Tuesday	Wednesday	Thursday	Friday
1/28 3/11 4/22 6/3 7/15	PAPA JOHNS PIZZA (1EA) VEG.-BROCCOLI (3/4 CP) FRUIT-MIXED FRUIT (1/2 CP) GRAIN-ANIMAL CRACKERS (1EA) RANCH DRESSING (1oz) MILK (8OZ-1EA)	FRESH BEEF TACO (2oz) VEG.-PINTO BEANS (3/4 CP) FRUIT-CANTALOUPE (1EA) GRAIN-WW TORTILLA (1EA) SHREDDED CHEESE (1oz) PICANTE SAUCE (1oz) MILK (8OZ-1EA)	CORN DOG (1EA) VEG.-HOT CARROTS (3/4 CP) FRUIT-CINN. APPLE (1/2 CP) GRAIN-INCLUDED IN ENTREE KETCHUP, MUSTARD(1oz) MILK (8OZ-1EA)	MEATLOAF W/ GRAVY (1EA) VEG.-MIXED VEGGIES (3/4 CP) FRUIT-PEACHES (1/2 CP) GRAIN-WW BREADSTICK (1EA) MILK (8OZ-1EA)	BEAN & CHEESE BURRITO (1EA) VEG.-CORN (3/4 CP) FRUIT-APPLE (1EA) GRAIN-INCLUDED IN ENTRÉE RANCH (1oz) MILK (8OZ-1EA)
2/4 3/18 4/29 6/10 7/22	CHEESEBURGER (1EA, 1 SLICE CHEESE) VEG.-PORK AND BEANS (3/4 CP) FRUIT-MIXED FRUIT (1/2 CP) GRAIN-WW HAMBURGER BUN (1EA) MUSTARD, KETCHUP, PICKLES (1oz) MILK (8OZ-1EA)	PAPA JOHNS PIZZA (1EA) VEG.-FRESH CARROTS (3/4 CP) FRUIT-FRESH FRUIT (1EA) GRAIN-INCLUDED IN ENTRÉE RANCH DRESSING (1oz) MILK (8OZ-1EA)	FETTUCCINI CHICKEN ALFREDO (3/4CP) VEG.-MIXED VEGETABLES (3/4 CP) FRUIT-MANDARIN ORANGES (1/2 CP) GRAIN-BREAD STICK (1EA) MILK (8OZ-1EA)	COUNTRY FRIED STEAK W/ GRAVY (1EA) VEG.-WHIP POTATOES (3/4 CP) FRUIT-PEARS (1/2 CP) GRAIN-WG WHEAT ROLL(1EA) MILK (8OZ-1EA)	CHICKEN NUGGETS (5EA) VEG.-BROCCOLI (3/4 CP) FRUIT-ORANGE (1EA) GRAIN-WG CROUTONS (1EA) RANCH DRESSING (1oz) KETCHUP (1oz) MILK (8OZ-1EA)
12/31 2/11 3/25 5/6 6/17 7/29	CHICKEN ENCHILADAS W/ GREEN CHILI (2EA, CHILI 1oz) VEG.-PINTO BEANS (3/4 CP) FRUIT-PINEAPPLE (1/2 CP) GRAIN-CRACKERS (4EA) PICANTE (1oz) MILK (8OZ-1EA)	FRITO PIE (2oz, CHIPS 1oz) VEG.-CORN (3/4 CP) FRUIT-MANDARIN ORANGES (1/2 CP) GRAIN-WW TORTILLA (1EA) SHREDDED CHEESE (1oz) MILK (8OZ-1EA)	HOT DOG (1EA) VEG.-FRESH BROCCOLI (3/4 CP) FRUIT-MIXED FRUIT (1/2 CP) GRAIN-WG BUN (1EA) KETCHUP (1oz) MILK (8OZ-1EA)	BOW TIE LASAGNA (3/4CP) VEG.-GREEN BEANS (3/4 CP) FRUIT-APPLESAUCE (1/2 CP) GRAIN-WW GARLIC (1EA) BREADSTICK (1EA) MILK (8OZ-1EA)	CRISPY CHICKEN (1EA) SANDWICH (1EA) VEG.-BAKED BEANS (3/4 CP) FRUIT-PEACHES (1/2 CP) GRAIN-WW HAMBURGER BUN (1EA) MILK (8OZ-1EA)
1/7 2/18 4/1 5/13 6/24 8/5	PULLED PORK W/BBQ SAUCE (2oz) VEG.-BROCCOLI (3/4 CP) FRUIT-PEACHES (1/2 CP) GRAIN-WW HAMBURGER BUN (1EA) RANCH DRESSING (1oz) MILK (8OZ-1EA)	SOFT CHICKEN TACO (2oz) VEG.-PINTO BEANS (3/4 CP) FRUIT-ORANGE (1EA) GRAIN-WW TORTILLA (1EA) SHREDDED CHEESE (1oz) PICANTE SAUCE (1oz) MILK (8OZ-1EA)	SALISBURY STEAK (1EA) VEG.-WHIP POTATOES (3/4 CP) FRUIT-MIXED FRUIT (1/2 CP) GRAIN-WHEAT BISCUIT (1EA) BROWN GRAVY (1oz) MILK (8OZ-1EA)	PAPA JOHNS PIZZA (1EA) VEG.-FRESH CARROTS (3/4 CP) FRUIT-FRESH FRUIT (1EA) GRAIN-INCLUDED IN ENTRÉE RANCH DRESSING (1oz) MILK (8OZ-1EA)	CRISPY CHICKEN STICKS (8EA) VEG.-GREEN BEANS (3/4 CP) FRUIT-MANDARIN ORANGES (1/2 CP) GRAIN-WG WHEAT ROLL (1EA) KETCHUP (1oz) MILK (8OZ-1EA)
1/14 2/25 4/8 5/20 7/1 8/12	CORN DOG (1EA) VEG.-GREEN BEANS (3/4 CP) FRUIT-APPLE (1EA) GRAIN-INCLUDED IN ENTRÉE MUSTARD/ KETCHUP (1oz) MILK (8OZ-1EA)	SLOPPY JOE (2oz) VEG.-HOT CARROTS (3/4 CP) FRUIT-MELON (1EA) GRAIN-WW HAMBURGER BUN (1EA) RANCH (1oz) MILK (8OZ-1EA)	CHICKEN FAJITAS (2oz) VEG.-PINTO BEANS (3/4 CP) FRUIT-PEACHES (1/2 CP) GRAIN-WW TORTILLA (1EA) SHREDDED CHEESE (1oz) PICANTE SAUCE (1oz) MILK (8OZ-1EA)	MAC AND CHEESE (3/4CP) VEG.-BROCCOLI (3/4 CP) FRUIT-MIXED FRUIT (1/2 CP) GRAIN-WG WHEAT ROLL (1EA) KETCHUP (1oz) MILK (8OZ-1EA)	CHICKEN NUGGETS (5 EA) VEG.- FRENCH FRIES (3/4 CP) FRUIT-CINN. APPLES (1/2 CP) GRAIN-CHEESE ITZ (1EA) RANCH DRESSING (1oz) MILK (8OZ-1EA)
1/21 3/4 4/15 5/27 7/8	PAPA JOHNS PIZZA (1EA) VEG.-BROCCOLI (3/4 CP) FRUIT-HONEYDEW (1EA) GRAIN-WW CROUTONS (1EA) RANCH DRESSING (1oz) MILK (8OZ-1EA)	SPAGHETTI W/ MEAT SAUCE (3/4CP) VEG.-CARROTS (3/4 CP) FRUIT-PEARS (1/2 CP) GRAIN-WG GARLIC BREAD (1EA) MILK (8OZ-1EA)	CHICKEN NUGGETS (5EA) VEG.-FRESH CELERY (3/4 CP) FRUIT-PEACHES (1/2 CP) GRAIN-WG WHEAT ROLL (1EA) BBQ SAUCE (1oz) RANCH DRESSING (1oz) MILK (8OZ-1EA)	FRITO PIE (2oz) VEG.-MEXICALI CORN (3/4 CP) FRUIT-FRESH FRUIT (1EA) GRAIN-WW TORTILLA (1EA) SHREDDED CHEESE (1oz) MILK (8OZ-1EA)	BEEF ENCHILADAS W/ RED CHILI (2EA, CHILI 1oz) VEG.-PINTO BEANS (3/4 CP) FRUIT-APPLE (1EA) GRAIN-INCLUDED IN ENTRÉE MILK (8OZ-1EA)

\*\*\*High schools serve 1 cup of fruits and vegetables daily\*\*\*